

Virtual Groups:

Mon

Breastfeeding Network Sandwell

12.30-2pm

Phone: 07505 775 357

Website:

<https://www.facebook.com/breastfeedingsandwell>

Solihull Infant Feeding Team

11am- 11.30am

Phone: 0121 726 6753

Website:

<https://www.facebook.com/SolihullInfantFeedingTeam>

Tues

Dudley Infant Feeding Team

11am- 12pm

Phone: 01384 456111 bleep 5050

Email: dqft.spmwif@nhs.net

Facebook: <https://www.facebook.com/dudleyinfantfeedingteam>

Breastfeeding Network Wolverhampton

10am- 12pm

Email: wolverhampton@breastfeedingnetwork.org.uk

Facebook:

<https://www.facebook.com/breastfeedinginwolverhampton>

Wed

Breastfeeding Network Sandwell

10.30am- 12pm

Phone: 07505 775 357

Website:

<https://www.facebook.com/breastfeedingsandwell>

New Baby Network CIC with Mammary Monologues

12-1pm

Instagram: @mammarymonologues

Email: newbabynetwork@gmail.com

Website: www.newbabynetwork.co.uk

Thurs

Breastfeeding Network Wolverhampton

10am- 12pm

Email:

wolverhampton@breastfeedingnetwork.org.uk

Facebook:

<https://www.facebook.com/breastfeedinginwolverhampton>

Fri

Breastfeeding Network Sandwell

10.30am- 12pm

Phone: 07505 775 357

Website:

<https://www.facebook.com/breastfeedingsandwell>

Solihull Infant Feeding Team

11am- 11.30am

Phone: 0121 726 6753

Website:

<https://www.facebook.com/SolihullInfantFeedingTeam>

Webchat support from trained volunteers: www.newbabynetwork.co.uk

National Breastfeeding Helpline: 9.30am-9.30pm 0300 100 0212

Facebook Groups:

Birmingham Milk Mums: <https://www.facebook.com/groups/1544222669041230>

BfN Sandwell Mama Bears: <https://www.facebook.com/groups/756169395157564>

Breastfeeding Solihull: <https://www.facebook.com/groups/breastfeedingsolihull>

Dudley Breastfeeding Support: <https://www.facebook.com/groups/554660705180322>

North Birmingham Breastfeeding Support: <https://www.facebook.com/groups/575448275873048>

Antenatal Classes

Sandwell Changes: <https://bookwhen.com/changes>

Birmingham Women's: The Infant Feeding Breastfeeding Antenatal Workshop Every Thursday
10am-12noon Meeting ID: 879 8108 9750 Password: breastfeed 28 weeks+, no need to book

Russells Hall: <http://www.dgft.nhs.uk/wp-content/uploads/2020/04/Breastfeeding-and-Mom2Mom-Workshop.pdf>